

68 CENTRING THE BALL

Purpose: Give experience in bringing the ball back into the corridor from the back half of the ground.

ORGANISATION

- ▶ 10 players involved at any one time.
- ▶ F feeds the ball deep into the backline (F1 Kick).
- ▶ The ball is marked and passed to the half-back flank (K2).
- ▶ The ball is centred to a target in the corridor who handballs to one of the 2 running receivers avoiding the running opponent who is with them (Hb4).
- ▶ The handball receiver passes to the forward (K5).

COACHING POINT

- a. If the player in the corridor who takes the mark is unable to handball to a receiver then he/she should play on and kick to the forward.
- b. Feed the ball in from the other half-back flank.

